

Bone, joint or muscle pain?

Refer yourself to see a Physiotherapist at Barton House Group Practice



The First Contact Physiotherapist will...

- **Assess you** and diagnose what's happening
- **Give expert advice** on how to best manage your condition
- **Refer you on** to specialist services, further physiotherapy or imaging if necessary
- **Recommend** exercises and other approaches to deal with the issue

A national evaluation of First Contact Physiotherapists showed...

- **Faster access** to expert advice
- **Excellent patient feedback**

How do I get an appointment with a First Contact Physiotherapist?

- Ask your GP practice receptionist to book an appointment
- The receptionist will ask you some questions to check if this is the right service for you before booking your appointment
- You do not need to see your GP first